

The Higher Call To Fasting - Matthew 6I

Matthew 6 Summarized - Alms giving, our Lord's guidance for prayer, & fasting.

Matthew 6:16-18 Moreover when ye fast, be not, as the hypocrites, of a sad countenance: for they disfigure their faces, that they may appear unto men to fast. Verily I say unto you, They have their reward. 17 But thou, when thou fastest, anoint thine head, and wash thy face; 18 That thou appear not unto men to fast, but unto thy Father which is in secret: and thy Father, which seeth in secret, shall reward thee openly.

Luke 18:12 (the Pharisee) I fast twice in the week, I give tithes of all that I possess.

Matthew 19 referred to Our Lord's views on marriage. V10 His disciples say unto him, If the case of the man be so with his wife, it is not good to marry.

Galatians 5:22,23 But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, 23 gentleness, self-control. Against such there is no law.

Mark 9:29 And He said unto them, This kind can come forth by nothing, but by prayer and fasting.

Matthew 6:16 Moreover when ye fast, be not, as the hypocrites, of a sad countenance: for they disfigure their faces, that they may appear unto men to fast. Verily I say unto you, They have their reward.

Matthew 23 Referred to the 8 Woes when Jesus cursed the Hypocrite religious leaders.

Matthew 6:17,18 But thou, when thou fastest, anoint thine head, and wash thy face; 18 That thou appear not unto men to fast, but unto thy Father which is in secret: and thy Father, which seeth in secret, shall reward thee openly.

Hebrews 5:12-14 For when for the time ye ought to be teachers, ye have need that one teach you again which be the first principles of the oracles of God; and are become such as have need of milk, and not of strong meat. 13 For every one that useth milk is unskilful in the word of righteousness: for he is a babe. 14 But strong meat belongeth to them that are of full age, even those who by reason of use have their senses exercised to discern both good and evil.

Isaiah 58:3-12 -V1-4 Why have we fasted, *they say*, and You have not seen? *Why* have we afflicted our souls, and You take no notice? In fact, in the

day of your fast you find pleasure, And exploit all your laborers. 4 Indeed you fast for strife and debate, And to strike with the fist of wickedness.

You will not fast as *you do* this day, To make your voice heard on high.

Romans 12:19 Dearly beloved, avenge not yourselves, but rather give place unto wrath: for it is written, Vengeance is mine; I will repay, saith the Lord.

1 Samuel 28:6 & 1 Chronicles 10:14 Referred to Saul enquiring of the Lord improperly.

Isaiah 58:5,6 Is it a fast that I have chosen, A day for a man to afflict his soul? *Is it* to bow down his head like a bulrush, And to spread out sackcloth and ashes? Would you call this a fast, And an acceptable day to the LORD? 6 *Is* this not the fast that I have chosen: To loose the bonds of wickedness, To undo the heavy burdens, To let the oppressed go free, And that you break every yoke?

Luke 4:18 The Spirit of the Lord is upon me, because he hath anointed me to preach the gospel to the poor; he hath sent me to heal the brokenhearted, to preach deliverance to the captives, and recovering of sight to the blind, to set at liberty them that are bruised,

Isaiah 61:1 The Spirit of the Lord GOD is upon me; because the LORD hath anointed me to preach good tidings unto the meek; he hath sent me to bind up the brokenhearted, to proclaim liberty to the captives, and the opening of the prison to them that are bound;

Mark 9:29 And he said unto them, This kind can come forth by nothing, but by prayer and fasting.

Isaiah 58:7-9 *Is it* not to share your bread with the hungry, And that you bring to your house the poor who are cast out; When you see the naked, that you cover him, And not hide yourself from your own flesh? 8 Then your light shall break forth like the morning, Your healing shall spring forth speedily, And your righteousness shall go before you; The glory of the LORD shall be your rear guard. 9 Then you shall call, and the LORD will answer; You shall cry, and He will say, Here I *am*. If you take away the yoke from your midst, The pointing of the finger, and speaking wickedness,

Romans 12:2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

Isaiah 58:10,11 *If* you extend your soul to the hungry And satisfy the afflicted soul, Then your light shall dawn in the darkness, And your darkness shall *be* as the noonday. 11 The LORD will guide you continually, And satisfy your soul in drought, And strengthen your bones;

You shall be like a watered garden, And like a spring of water, whose waters do not fail.

John 4:14 But whosoever drinketh of the water that I shall give him shall never thirst; but the water that I shall give him shall be in him a well of water springing up into everlasting life.

Isaiah 58:12 Those from among you Shall build the old waste places; You shall raise up the foundations of many generations; And you shall be called the Repairer of the Breach, The Restorer of Streets to Dwell In.

John 10:10 The thief cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly.

Ephesians 6:12 For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.

Matthew 4:2 And when He had fasted forty days and forty nights, He was afterward an hungred.

Matthew 9:14 Then came to Him the disciples of John, saying, Why do we and the Pharisees fast oft, but Thy disciples fast not?

John 21:21 Peter seeing him saith to Jesus, Lord, and what shall this man do?

Matthew 9:15 And Jesus said unto them, Can the children of the bridechamber mourn, as long as the bridegroom is with them? but the days will come, when the bridegroom shall be taken from them, and then shall they fast.

Revelation 19 Referred to our Lord Jesus' return.

Matthew 15:32 Then Jesus called His disciples *unto Him*, and said, I have compassion on the multitude, because they continue with Me now three days, and have nothing to eat: and I will not send them away fasting, lest they faint in the way.

Matthew 6:33 But seek ye first the kingdom of God, and His righteousness; and all these things shall be added unto you.

Matthew 18:16 But if he will not hear thee, then take with thee one or two more, that in the mouth of two or three witnesses every word may be established.

Matthew 17:21 Howbeit this kind goeth not out but by prayer and fasting.

Mark 2:18-20 And the disciples of John and of the Pharisees used to fast: and they come and say unto Him, Why do the disciples of John and of the Pharisees fast, but Thy disciples fast not? 19 And Jesus said unto them, Can the children of the bridechamber fast, while the bridegroom is with them? as long as they have the bridegroom with them, they cannot

fast. 20 But the days will come, when the bridegroom shall be taken away from them, and then shall they fast in those days.

Mark 8:3 And if I send them away fasting to their own houses, they will faint by the way: for divers of them came from far.

Mark 9:29 And he said unto them, This kind can come forth by nothing, but by prayer and fasting.

Luke 2:37 And she *was* a widow of about fourscore and four years, which departed not from the temple, but served *God* with fastings and prayers night and day.

Luke 5:33-35 And they said unto him, Why do the disciples of John fast often, and make prayers, and likewise *the disciples* of the Pharisees; but thine eat and drink? 34 And He said unto them, Can ye make the children of the bridechamber fast, while the bridegroom is with them? 35 But the days will come, when the bridegroom shall be taken away from them, and then shall they fast in those days.

Luke 18:12 I fast twice in the week, I give tithes of all that I possess.

1 Corinthians 13:2 And though I have the gift of prophecy, and understand all mysteries and all knowledge, and though I have all faith, so that I could remove mountains, but have not (agape)love, I am nothing.

Acts 10:30 And Cornelius said, Four days ago I was fasting until this hour; and at the ninth hour I prayed in my house, and, behold, a man stood before me in bright clothing,

Acts 13:2,3 As they ministered to the Lord, and fasted, the Holy Ghost said, Separate me Barnabas and Saul for the work whereunto I have called them. 3 And when they had fasted and prayed, and laid *their* hands on them, they sent *them* away.

Revelation 11 Summarized of the 2 witnesses in the end times.

Acts 14:23 And when they had ordained them elders in every church, and had prayed with fasting, they commended them to the Lord, on whom they believed.

Acts 17 Referred to Paul ministering to the Athenians.

1 Timothy 3:6 Not a novice, lest being lifted up with pride he fall into the condemnation of the devil.

Acts 27:9 Now when much time was spent, and when sailing was now dangerous, because the fast was now already past, Paul admonished *them*,

2 Timothy 2:15 Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth.

Acts 6 referred to setting up deacons V4 But we (apostles) will give ourselves continually to prayer, and to the ministry of the word.

John Gill - Acts 27:9 - Ver. 9. Now when much time was spent, &c. In sailing against the wind, or by staying at the Fair Havens; for so the Syriac version renders it, where we stayed a long time; and the Ethiopic version, and there we remained many days: it follows, and when sailing was now dangerous, because the fast was now already past; the Syriac version reads, the fast of the Jews; this was the day of atonement, which was the grand fast of the Jews, on which day they afflicted their souls, Lev 23:27 in memory of the worshipping of the golden calf; on that day they neither eat nor drink, nor do any work, neither do they wash, nor are they anointed, nor do they bind on their shoes, or make use of the marriage bed; nor do they read anything but sorrowful things, as the Lamentations of Jeremiah, until the setting of the sun, and the rising of the stars; and hence this day is called by them, the day of fasting, and, the great fast, and the day of the fast of atonement, and the fast of the atonement: now this day was on the 10th of the month Tisri, which answers to the latter part of our September, and the former part of October, when winter was coming on, and sailing began to be dangerous; about this time of the year the Pleiades set, which brings on tempestuous weather, and unfit for sailing: Paul admonished them, or gave them some advice to continue where they were.

Acts 27:33 And while the day was coming on, Paul besought *them* all to take meat, saying, This day is the fourteenth day that ye have tarried and continued fasting, having taken nothing.

1 Samuel 14 Referred to Jonathan eating honey.

1 Corinthians 7:5 Defraud ye not one the other, except *it be* with consent for a time, that ye may give yourselves to fasting and prayer; and come together again, that Satan tempt you not for your incontinency.

2 Corinthians 6:5 In stripes, in imprisonments, in tumults, in labours, in watchings, in fastings;

2 Corinthians 11:27 In weariness and painfulness, in watchings often, in hunger and thirst, in fastings often, in cold and nakedness.

Mark 9:29 And He said unto them, This kind can come forth by nothing, but by prayer and fasting.

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