List of Diets Spirits for MD

3 Intermittent Fasting, 5 diet, 5 to 2, 8-day, 10% Solution for Healthy Life, 100-Mile,

A calorie is a calorie, Abdominal obesity, acesulfame potassium, Acidity regulators, Added sugar, Adipose tissue, Agave nectar from sap, & tequilana, agrarian, AHA-1, Alitame, Alkaline, allergy based, allergy to certain foods, Altered triglycerides, All-tern, alternative medicine, alternative supplements, alternative sweeteners, always dieting, Amazake, animal worshipping, amino acids, Anopsology, Anorexia, Anti-obesity, Anti-oestrogenic, Anticaking agents, Antifoaming agents, Antioxidants, apple juice & olive oil flush, apples, cheese, chicken, & salad, two days each, artificial additives, artificial colours, artificial Flavours, artificial sweeteners, Artificial sugar substitutes, Asian, aspartame, Aspartame-acesulfame salt, Assugrin, Atkins diet, Atkins Nutritionals, avoid acidic foods, avoid dairy foods, avoid processed food, avoid protein gluten in barley, rye, oats & wheat, avoid sugar, avoid synthetic additives, avoid synthetic sweeteners, ADD, ADHD, Aids,

Baby Food, balanced long-term, bancha tea, barbie doll syndrome, Barley malt syrup, beet sugar, Belief-based, Best Bet, Beta-trim, Beverly Hills, Biggest Loser, binge eating, binge-eating disorder, binging & fasting, binging & purging, Birch syrup, bladder cancer, Bland, bliss point, blood free, Blood type, body fat, Body for Life program, Body image, Brand name diet products, BRAT, Brazzein, Breatharian, Brown rice malt syrup, Buddhism, Buddhist, Buddhist vegetarianism, bulimea, Bulking agents,

Cabbage soup, Caffeine free, Calcium, milk & garlic & colon cancer, CALERIE, Caloric deficit, Calorie control, Calorie limitations, Calorie restrictions, Cambridge, Cane juice, cane sugar, Cane syrup, Caprenin, Carb & fat, or protein, Carb Addict's, Carb-based fat substitutes, carcinogen, carcinogenic, cardiac diet, carnivore, Carnivorous, Carob molasses, casine diet, catalytic hydrogenation, Caveman fad, Cellulose, change dietairy habits, carb free, chemical fertilizers, chemical free, Chew

and spit, Childhood obesity, chubby, cholestrol free, Christian vegetarianism, citric acid, coconut palms, Colon Cancer Diet, Color retention agents, combats hyperactivity, Combination fat substitutes, comfort foods, contemporary trends, Controlled intake, Controlled portion sizes, cooked rice & malt enzymes, Cookie, corn syrup, CRAM, Crash, CRON, Cuisines, Curculin, cyclamate, Cyclic ketogenic,

dairy free, Dairy-Lo, Dance often, DASH, date sugar, daytime fasting, & night time feasting, death, decreased food intake, debilitating, demerara, Demitarian, derealization, Detox, Detoxification, Detoxify, Dexatrim Natural, Dextrins, Dhabiha, diabetes, Diabetic Diet & food fads, Diet foods, Diet drinks, Diet products, diet of low salt, Diet of low fat, Diet vegetarian, Diet supplements, Diet nutrition, Diet pills, Diet Rewards, dietairy & body fat converted to energy, Dietairy Approaches to Stop Hypertension, Dietary choices, Dietary energy supply, dietary foods, dietary beverages, Dietary habits, Dietary management, Dietary regemine, dietairy suppliments, dietary vitamines, Dietetics, Dieting, Dieting books, Dietitian, dietetic food, Diets for medical conditions, dissociation from reality, distorted view of body size, diuretics & no water, Doctor Atkins, & New Diet Revolution, Doctor Ornish, & Eat More, Weigh Less, Doctor Hay, Doctor Shapiro, & Picture Perfect Weight Loss, Dried fruit, drink lots of water, Dukan, Duke, Dulcin,

E-Diets, eat enough yet still hungry, Eat Right For Your Type, Eat Smart, Move More, Weigh Less, Eat-clean, Eating disorder, Edenic, Elemental, Eliminate foods, Elimination, Emulsifiers, energy drinks, Energy homeostasis, Energy Imbalance, Environmentally sustainable diets, Equal, Erythritol, Ethical omnivorism, ethical reasons, exercise often, extreme diet, extreme, rapid changes to food consumption,

F-plan, fad diet, fad foods, fashon model, Fast-5, fast food, Fasting, Fat acceptance movement, Fat fetishism, fat free, Fat substitutes, Fat-based fat substitutes, fear of being fat, fear of gaining weight, feasts, feasting, festivals, Feingold, fish only, no red meat, Fit for Life, FitDay, Fitness boot camp, Flat Belly, Flavor enhancers, Flexitarian, flexitarianism, Florida Crystals, Flour treatment agents, Fluid restriction, flush out toxins, Food

acids, Food addictions, Food additives, Food coloring, Food combining, Food fads, food energy intake, food fadism, food fads, ood pyramid, food substitutes, food supplements, foods that take more calories to digest than they provide, celery, rabbit, etc, foods without preservatives, for autism, ADD, ADHD & hyperactivity, for coeliac disease, for Crohn's disease, for gastro-intestinal disorders, for irritable bowel syndrome, for ulceraytive colitis, etc, for multiple sclerosis avoid certain proteins, for refractory epilepsy, for weight control, for weight loss, forager, Freeganism, from anti-ulcer drug, frugivores, fruit & vegetable juices only, Fruit-based fibre, Fruitarian, Fruitarianism, Fruitarianist, fumaric acid,

GAPS, GMO free, gastrointestinal distress, gastrointestinal diseases, gastrointestinal disorders, jelling agents, genetic modification, Gerson therapy, Glazing agents, Glucin, glucose to sorbitol, gluten free, Glycerol, Glycyrrhizin, Go Bananas for New Diet, gomuti palms, Good Carbohydrate Revolution, Goulard's powder, gout, Graham, Grain-based fibre, grapefruit, grapes, fig & mulberry juices, Grinsted, guilt society, guilty complex, guilty for eating,

Hacker's, halal foods, Hallelujah, Hara hachi bu, Haraam, Hay, Health Management, health risks, Healthy diet, Healthy Choice, Herbal Magic, Herbal remedies, Herbal substitutes, Herbal sweetener, herbavore, high calorie, high calorie & fiber with low fat of potato, ice, & bean starches, High carb & low fat, high-fat, low-carb, high-fiber, high-intensity sweeteners, high protein for muscle building, High residue, high sugar, Hindu, Hinduism, Hinduist, Hollywood, Humectants, hominin, hunger strike, hungry, hunter-gatherer, Hydrocolloid gums, Hydrogenated starch hydrolysates, Hydroxycut,

I-tal, idiosyncratic diets, idiosyncratic eating patterns, Ikaria Study, Illegal milk, illness-induced weight loss, increased health risks, Indian date palm, Indigenous Australian food groups, Inedia, insect fat, intensely sweet sugar substitutes, Intermittent fasting, International No Diet Day, intolerance, or allergy to certain foods, Inuit, Inulin, irradiation, irrationally afraid of gaining weight, Islamic, & dietary laws, Isomalt, Israeli Army, Ital,

jaggery, Jain, Jainism, Jallab, Jenny Craig, Jewish diets, Jewish dietairy laws, Jiaogulan leaves, juice extracted from tuberous roots, Juice fasting, juice of green maize stalks, Junk food,

Kaltame, Kangaroo meat, Kangatarian, Kashrut, Kelgum, Ketogenic, kidney, Kimkins, Kosher,

lactic acid, Lactitol, Lacto vegetarianism, Lacto-ovo vegetarian, lactose free, lactose intolerant, lactose to lactittal, larvea fat, Latter Day Saints, lead acetate, lead diacetate, lead poisoning, led sugar, Lean Cuisine, Licorice root, light products, light fat products, light sugar products, light salt products, limit carbs, limit cholestrol, limit fat, limit fiber, limit phosphorus, limit protein, limit purines, limit salt, Liquid, liquids only, little or no food energy, Locavore, long term weight loss, lots of cabbage soup, lots of dietairy fiber, lots of fruits, vegetables, whole-grains & low fat dairy foods, but avoid sugar sweetened foods, red meat & fats, lots of grapefruit at meals, lots of water before meals, low birthweight, Low-calorie meals, Low-carb, Low Carb High Quality, Low carbon, low cholestrol, low-fat, low-fat cookies mainly, Low-glycemic, low glycemic index carbs, Low glycemic index diet, low-phosphorus, low-protein, low-purines, low-processed sweeteners, Low-residue, low-salt, low-sodium, low-sugar, low-sulfur,

Mabinlin, Macrobiotics, maggot fat, maintain weight, maize sugar, make sour taste sweet temporarily, malic acid, malnutrition, Maltitol, Maltooligosaccharide, maltodextrins, & intense sweetener mix, Maltrin, Mannitol, Maple syrup, Maple taffy, Maple sugar, Master Cleanse, Mayo Clinic, Mick Doogall's Starch, Meal replacements, meat & fish, meat, white bread, milk & puddings of Western world, Meatatarianism, Meatganism, Med Mark, medical, liquid nutrients only, Meddi-fast Diet, Mediterranean, Metabolic typing, Metabolife 356, Metrecal, Mexican sugar, Microparticulate protein, Milk substitute, milkweed flower dew for palatable brown sugar, Mimix, Miraculin, mixing lean proteins with complex carbs, modified starches, modified taste receptors, Modified whey protein concentrate, Mogroside mix, molasses, Monatin, Monellin, monk fruit extract, monosaccharide, Montignac, morbidly obese, obesity, mormon, Morning banana, multi-step diet, high protein & limited carbs, multivitamin

supplements, muscovado, Mushbooh, Muslims diet, muslim fast & feast celebrations,

natural Flavours, Natural sugar substitutes, Natvia, Nectresse, Negative balance, Negative calorie, Negative food, Neohesperidin dihydrochalcone, neotame, neurological side effects, never satisfied, New American Diet, new US food fad, nipa palms, no acidic foods, no blood, No carb, no cholestrol, no dairy foods, no fat, no food, no pork products, no processed food, no protein gluten in barley, rye, oats & wheat, no purines, no sugar, no synthetic additives, no synthetic sweeteners, no trans fats, no water at meals, non-caloric alternative sweetener, non processed foods, Non-solid foods, non-traditional methods of weight loss, Norbu Sweetener, nori, not mix protein & carbs, not healthy eating, nut free, NutraSweet, Nutrient timing, Nutrient-rich, low calorie, Nutrinova, Nutri-systems, Nutritarian, Nutrition, Nutrition disorder, Nutritional, Nutritional biodiversity, nutritional nonsense.

obese, obesity, Obesity paradox, Okinawa, Olean, Olestra, Oligoantigenic, olive oil for fat, Omnivore, only organic food, Optamax, Organic food, Orthopathy, Osladin, Overeat, Overeaters Anonymous, Overeating, overweight, Ovo vegetarianism, Ovo-lacto vegetarianism,

P-4000, Paleo, Paleolithic, Palm sugar from sap, palmyra palms, Pandemic obesity, panela, Parisian woman, peanut free, Pectin, Pekmez, Pentadin, Pescetarianism, phenylalanine, phthalic anhydride, physiology of weight gain, physiology of weight loss, piggly, piggy, piloncillo, plant based food only, animal-based food only, Plant-based, plumbous acetate, plump, Plumpy'nut, Polymeal, polyols, pork free, portioning food, preagricultural diets, pre-packaged diet food by company, Preoperative fasting, pescatarianism, pescetarianism, Preservatives, Prison loaf, Pritikin, Principle, & Program for Diet & Exercise, protein, Protein Power, Protein shakes, Protein Sparing Modified Fast, Protein-based fat substitutes, protein gluten free, Protein substitutes, psychiatric side effects, psychological disorder, Pumpkin sugar, PureVia, purine free,

raffinose, Ralstonism, Rastafarian, Raw animal food, Raw foodism, raw fruit

only, raw sugar, Raw veganism, Raw vegitarianism, Reactive hypoglycemia, rebaudioside A, rebiana, & erythritol blend, reduced caloric intake, Renal diet, Religious diets, repetitive weight gain, repetitive weight loss, restrict complex carbohydrates, grains & complex sugars, restrict refined carbs, sugars, & saturated fat, Retrofit company, Rhubarb, Rice, rice fermented with Koji, ritual preparation of food, ritual slaughter,

saccharin, saccharin salts, Salt & cardiovascular disease, Salt of aspartame-acesulfame, salt of Saturn, Sattvic, Saturated fat, & cardiovascular disease, Scarsdale medical, Sclerochiton ilicifolius, sea salt, seed bearing plants & fruits only, Sego, semi veganism, Semivegetarian, Sensa, sensation of sweetness, serendipity berries, serious illness, shame society, shaming, Shangri-La, short-term weight loss, Cigarette smoking for weight loss, Simplesse, Slim 10, Slim Fast, Slimcea, Slimming World, Slow carb, Small Plate Movement, Smart For Life, sodium cyclamate, Soft foods, Solutions Weight Loss Clinic, Sonoma, sorbitol, Sorghum, Sorghum bicolor, South Beach, South Living, Soylent, SparkPeople, Special K, Specific Carb, Specific restrictions, Splenda, Stabilizers, starches, starch with enzymes, Starvation, starve, starved, starving, Stellar, stevia, stevia leaves, stevia plant, stevia sweetener, steviol glycoside, Stillman, Stone Age, strict vegan, strict vegetarian. Subway, Sucanat, sucralose, sucrose, Sucrose polyesters, sugar alcohol, & GI gas, Sugar beet sugar, Sugar beet syrup Sugar beet molasses, Sugar Busters, Sugar free, sugar of lead, sugar taste, sugar twin, Sugarbag honey, sugarcane, sugary juice extracted, Supplements, Sustainable, Suzanne Somers' Somersizing, Swank, Sweet Cicely root, sweet resin from Sugar Pine, sweet sensation, Sweet sorghum syrup, sweet taste, sweet tooth, Sweet N Low, sweetness, sweetness profile,

Taboo drink, Taboo food, Tagatose, Taoist, tartaric acid, tequila agave, Thaumatin, The IF Diet, thickeners, toddy palms, tofu, & shrinking brain syndrome, TOPS Club, Tracer gas, traditional diets, traditional eating of Ryukyu Island Okinawans, trans fat free, trends, Trim & Fit, True honey, Truvia, turbinado sugar, twiggy syndrome, Twinsweet, Two Degrees Food,

umeboshi prumes brown rice, Unclean animal, uncooked food,

Underweight, unhealthy eating, unhealthy high-fat, unhealthy processed foods, unprocessed food only, unreal expectation of Weight Loss, unrefined sweeteners, unconstrained caloric intake, uncontrolled eating,

Vegan, Veganism, vegetarian, with whole-wheat flour, & no stimulants, alcohol & caffeine, vegetarian or vegan & fruit, Vegetarianism, Very low calorie, Vindication of Natural Diet, vinegar, Virtual gastric band, ViSalus, vitamin supplements, Vitarium, Vivapur, Volumetrics Weight-Control Plan,

Watermelon, Watermelon sugar, Weight control, Weight counselling, weight gain & loss cycle, Weight loss, weight loss programs, Weight management, Weight Watchers, Weight Wins, Wellspring Academies, Wellspring camps, Western pattern, wheat miso, Whole Earth Sweetener, Whole food, wholesome plants, WonderSlim, Word of Wisdom,

xylose to xylitol, Yacon syrup, Yo-yo effect, Yuzu, Zed-Trim, Zero-calorie, zero calories, zero glycemic index, Zone, ZonePerfect,

In the Name and Blood of the Lord Jesus Christ, I bind up each and every demon left, I individually chain, cage, bag and box them. I put them in caves with rocks over the caves with the Light of the Lord shining bright and the angels of the Lord reading Scriptures and praise the Lord continually. I cover us all with the Blood of Jesus. I call upon God's Holy Spirit to fill everybody full to overflowing and to keep chasing out the demons and to restore God's people. In Jesus' Name, I loose legions of the spirits of the Lord, life, health, healing, restoration, wellbeing, sound mind, and a good night's sleep.

We thank You Lord Jesus for everything You have done. We give You all the glory and honour, and blessings and praise. In Jesus' Mighty Name and by His Blood. Amen.

Pastor T. John Franklin
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