

## **List of 12 Steps Spirits for MD**

**the 12 steps:**

**Step 1, admit powerless over addiction & liives unmanageable,**

**Step 2, believe A power greater than us could restore sanity,**

**Step 3, decide to turn our will & liives over to A god,**

**Step 4, make search & fearless moral inventory of us,**

**Step 5, Admit to A god, us, & others the wrongs,**

**Step 6, are ready for A god to remove all character defects,**

**Step 7, Humbly ask A god to remove shortcomings,**

**Step 8, list all persons harmed, & make amends to all,**

**Step 9, Make amends to them, except it injures someone,**

**Step 10, Continue personal inventory, & admit wrong,**

**Step 11, seek by prayer & meditation to improve our conscious contact with A god, praying for His will for us & the power to do it,**

**Step 12, from a spiritual awakening by these steps, we try to carry this message to addicts, & to practice these principles in all our affairs,**

**confession & penitence exonerating, redeeming & purifying, unburdens of wrongs, liberates, & promises salvation from A god,**

**4 Absolutes of morality, 12 Points to Assure Our Future, 12 Stages of Decline, 12 step cults, 12 step fellowships, 12 step friendly therapy, 12 Steps of Personal Growth, 12 guiding principles, 12 step methods, 12 step Suite, 12 step principles for recovery, 12 step recovery programs, 12 Steps of Recovery, 12 Steps to Serenity, 12 Traditions as guidelines for group governance, 24 Hours a Day,**

**A-programs, AA concepts, AA Grapevine, AA missionaries, AA unity, Abstinence, accountability partner, activity groups, adaptive coping styles,**

**addiction, addiction & disease enabled by family, Addiction recovery groups, Addiction Recovery, Addiction Treatment, addictive disease bondage, addictive problems, addicts, admit can't control addiction, admit can't control compulsion, Adolescent Community Reinforcement Approach, Adult Children of Alcoholics, ACA, adult sexual abuse, Akron group, Al-Anon, Alateen, Alcohol, Alcoholabuse, Alcohol intoxication, Alcohol overuse, alcohol rehabilitation clinics, alcohol rehabilitation 12 steps, Alcoholics Anonymous, AA, Comes of Age, & Story of Men Recovered from Alcoholism, Alcoholic, Alcoholism, allergy-like bodily reaction for addiction, altered mind, altered state of consciousness, Altruism, anger management, Anonymity the spiritual foundation, Anonymous programs, Anorexics & Bulimics Anonymous, ABA, anti god, anti jesus, antichrist, any god but the True & Living God & Father of The Lord Jesus Christ, any god but Jesus, art therapy, Association of Recovering Motorcyclists, ARM,**

**bankrupsy, Barbiturate treatment, Belladonna treatment, beginner's groups, Behavior Control groups, behavioral problems, believe in A higher power, bipolar disorders, bicultural identity, Bill W documentary, borderline personality disorder, buying addiction,**

**Calvary House, Calvary Rescue Mission, cancer patient support groups, Captain Stone House, catch phrases, Catharsis, Catholic ministry for same-sex attractions, Celebrate Recovery, choose own conception of A god, Christian-focused 12-step programs, chronic feelings of shame & guilt, chronic military traumatic stress, Church of Jesus Christ of Latter-day Saints (mormons), Church of Scientology, Clean & Sober, Clutterers Anonymous, CLA, Co-Anon, cocaine addiction, Cocaine Anonymous, CA, co-dependancy, co-dependent to drugs, co-dependent to medicines, Co-dependents Anonymous, CODA, Co-dependents of Sex Addicts, COSA, Coerced abstinence, Cognitive behavioural therapy, cognitive disorders, cognitive training, cohesive group, Cohesiveness, coincidences, Cold turkey, combat fatigue group therapy, communication addiction, compulsion, compulsive behaviors, & problems, compulsive debtors, compulsive gamblers, compulsive overeaters, compulsiveness, compulsivity, consciousness, consumer addictions, consumer groups, control tendency to do wrong, Conversation Circles, Coping groups, Corrective recapitulation of primary family, CoSex & Love Addicts Anonymous, COSLAA, counselors, Courage**

**International, craving, crisis, crystal meth addiction, crystal meth addicts, Crystal Meth Anonymous, CMA, cultural adaptations, curative factors, damaged career, damaged family, damaged marriage, dance therapy, Days of Wine & Roses, debt out of control, Debtors Anonymous, DA, defense mechanisms, delirants, deluded narcissist, delusion, dependancy, depressive, Depression & Bipolar Support Alliance, DBSA, desperate alcoholic, desperate addict, detrimental iatrogenic effects, Development of socializing techniques, deviant identity, dictates of A higher power, dipsomania, disillusioned, disillusionment, distractibility, Doctor Bob, & Good Oldtimers, drama therapy, Drug Abuse Resistance Education, Drug action team, Drug court, Drug detoxification, Drug Free Foundations, Drug Interventions Programs, drug intoxication, drug overdose, Drug rehabilitation, Drug withdrawal, Dual diagnosis, dual identity groups, dynamic group psychotherapy, dysfunctional enabling, dysfunctional family,**

**Eating Disorders Anonymous, effects of alcoholism, egoism, emotional difficulties, emotional disorders, emotional illness, emotional obsession, emotional support, Emotional Health Anonymous, EHA, Emotions Anonymous, EA, empirically based recovery framework, encounter group, environment therapy, evil spirit guides, examine past errors, Existential factors, Existential freedom, Expressive therapy,**

**failure of willpower, faith in A higher power, false angel of light, familiar spirits, familiars, Families Anonymous, FA, family destruction, family dysfunction, family problems, family therapy, Family-to-Family education, Family-to-Family support groups, fantasy lust, FB addiction, feedback, feeling of ecstasy, Feminist theology, find A power greater to solve addiction, finding A higher spiritual power, food addictions, Food Addicts Anonymous, FAA, Food Addicts in Recovery Anonymous, FA, for ex-gay lifestyle, formative space, friends & family of addicts, friends & family of alcoholics, friends & family of drug addicts, friends & family of problem gamblers, functional subgrouping,**

**Gam-A-Teen, Gam-Anon, Gamblers Anonymous, GA, gambling addiction, gambling compulsion, gender neutrality god, got 12 steps from a higher power, Group Analysis, group conscience, group context, group interaction, group pressure, group process, group psychotherapy, group therapy, group**

**unconscious, Group home, GROW, growing moral consciousness,**

**Halfway house, hallucinate, hallucinating, hallucinations, hallucinogens, harmful influence, Hazelden Farm, helping other addict, helpless, helplessness, Heroin abuse, Heroin addiction, Heroin Anonymous, HA, Heroin overdose, Heroin withdrawal, Heroin-assisted treatment, higher power greater than self, higher spiritual power, hikikomori, homogenous groups, Homosexuals Anonymous, hopeless, hopelessness, Horizon Services, Hot Flash spiritual conversion while hallucinating, human relations training group, hung over, Hyoscyamus niger, hyperactive, hyperactiveness, hyperactivity, hypomania, hypnosis, hypnotized, hypnotizing, hypnotherapy, hypnotic mind control, hypnotic trance,**

**Ibogaine, illness of spiritual dimension, Imitative group behaviour, Imparting information, inability to stop, incurable & lethal condition, Individual Therapy groups, Individual inner-focused groups, inner healing, insane, insanity, Insite, insomnia, Instillation of hope, instrumental support, intensive interactional group psychotherapy, Inter faith Drug Policy Initiative, inter organizational dynamics, internet addiction, internet pornography addiction, Interpersonal learning, Interpersonal therapy, intractable conflict, irritable, irritability,**

**L D S Family Services Addiction Recovery Program, lack of motivation, laziness, lazy, learn to live new life with new code of behaviour, LGBT groups, life-disrupting problem, Life Ring Secular Recovery, long-term asylum treatment, Love Addicts Anonymous, luciferianism, Lust addiction,**

**making amends for errors, mania, marijuana abuse, marijuana addiction, marijuana addicts, marijuana overdose, marijuana withdrawal, Marijuana Anonymous, MA, medicines abuse, medicines addiction, medicines addicts, medicines miss-use, medicines overdose, medicines withdrawal, meditation, medium of therapy, men's groups, mental disorder, mental illness, mental obsession, mental health problems, mental health professionals, Mentalization based treatment, mesmerized, Milieu Therapy, mind control, mind occult, mind-altering medicines, mind-altering substances, mindfulness, mindless, mindlessness, modeling process, Moderation Management, moral failing, moral inventory, morning jitters, motivation for personal growth, movement therapy, multiplicative effect, music therapy, must win other**

**converts to preserve own conversion experience, mutual aid, mutual help, mutual support, My name is Bill W movie,**

**Nar-Anon, Narconon, narcissism, narcissist, narcotic drug addiction, Narcotics Anonymous, NA, Nature god, neopagans recovering from various compulsive, addictive behaviors, nervous breakdown, nervousness, neurotic disorders, Neurotics Anonymous, NAIL, neopaganism, New age god, New age religions, New age therapies, new serenity, New Thought, New York group, Nicotine Anonymous, NicA, non-verbal expressive therapies,**

**obsessed, obsession, occult mind control, old-timer groups, Online Gamers Anonymous, OLGA, Operation Re-entry, Opiate Addicts Anonymous, OAA, organization for recovery from serious mental illness, organizational turbulence, Overeaters Anonymous, OA, Oxford Group cult, Oxford house, Oxford meeting,**

**Pagans In Recovery PIR, panic attacks, Parents Anonymous PA, parents of abused children, Pass It On, pathologies, patterns of dysfunctional relationships, peer pressure, peer support, peer groups, physical disease, pills addiction, Pills Anonymous, PA, Play therapy, poor impulse control, pornography addiction, Post-acute-withdrawal syndrome, post traumatic shock disorders, post traumatic stress disorders, power greater than self, powerless over alcohol, powerless over addiction, powerless, powerlessness, pray to any god, Prayer of Saint Francis, prayer that believed in A higher power & could be restored to sanity, prescription pill addiction, prevention of serious mental illness, Proactive 12 Steps Workbook, problem-solving groups, procrastination, Projective psychotherapy, Prometa, Promises of Recovery, psychiatric disorders, psychiatrists, psychiatry, psycho-education groups, psychoanalysis, psychoanalytic community of professionals, Psychodrama, psychodynamic groups, psychological disease, psychologist, psychology, psychosocial processes, psychosomatic illnesses, psychotherapy, psychotic adolescents, psycho-educational groups, purge & puke, purge disorders,**

**Ramp effect, Reclaiming Futures, recognize A higher spiritual power for strength, recovering addicts, recovering motorcyclists, Recovering Women Riders, RWR, Recoveries Anonymous, Recovery approach, Recovery coaching, Recovery day, Recovery International, Recovery Inc, Recovery**

**methods, Recovery model, Recovery music, Recovery Newsletter, Refuge Recovery, RR, relationship on spiritual principles, relatives & friends of addicts, relaxation therapy, relaxation training, religio mania, religious experience, relive experiences, Rescue Missions,**

**satan's angels of light, sauerkraut, tomatoes, & Karo syrup, schizophrenia, Schizophrenics Anonymous, SA, science, Secular Organizations for Sobriety, self admission spirit, self-awareness, self-centeredness, self-condemnation, self destruction, self flatulation, self harming, self hatred, self-help fellowships, Self-help groups, self-help groups for mental health, self-help organizations, self-help programs, self-injury, self love, self mutilation, self negatives, self punishment, self purification, self redemption, self salvation, Self-understanding, self worship, selfish, selfishness, semiotic processes, sensation of a bright light, sensitivity-training group, Serenity Prayer, Servants Anonymous Society, Sex Addicts Anonymous, SAA, Sex & Love Addicts Anonymous, SLAA, Sex Workers Anonymous, Sexaholics, Sexaholics Anonymous, SA, sexual compulsion, Sexual Compulsives Anonymous, SCA, sexually compulsive people, sexually transmitted diseases, shame, shame society, shaming, share experiences, share feelings in group, shared handicap, Shoe makerism, shopping therapy, signifiers, single parents' groups, singleness of purpose, Sister Ignatia, skills training groups, SMART Recovery, Smithism, Smokers Anonymous, SA, Smoking cessation, Sober companion, Sober living environment, Sobriety, Sobriety coin, social media addiction, Social Reform outer-focused groups, social service, social shaming, social support, social Therapy, social worker, social sites addiction, social skills training, socialized, socialization, Society of Addiction Medicine, socio-economically disadvantaged, soft pornography addiction, Something to Live For, Spectrum Youth, & Family Services, Spenders Anonymous, spending addiction, Spiritual Awakening ungodly, spiritual disease, Spiritual Experience ungodly, spiritual growth ungodly activities, spiritual malady, spiritual principle of anonymity, spiritual principles, spirituality, sponsees, sponsor, stable delusion, state of insanity not sin, step music, step resources, Step Songs, Stepping Stones home, Stimulant maintenance, stress, Stress Coping groups, stressed out, strong delusion, Substance Abuse, Substance Rehabilitation journal, suicide, suicide attempts, suicide ideation, suicide thoughts, suicide threats, support groups,**

**surrender to A higher spiritual power, Survivors Club, Survivors of Incest Anonymous, SIA, Synanon, synchronicity, Systemic Constellations, systems-Centered approach,**

**T-group, Talking Groups, Tetrabamate, The Big Book Alcoholics Anonymous, The Higher Power of Lucky, The Little Red Book of Alcoholics Anonymous, the morning after, the Oxford Program, The 12 Concepts for World Service guideline, Therapeutic Community, Therapeutic factors, TOPS, Tradition 12 anonymity, training group, Treatment Agency for Substance Misuse, treatment centers,**

**Underearners Anonymous, UA, Universality, unmanageable life, Varieties of Religious Experiences, Voacangine,**

**Washingtonian movement, Wellness, Wellness Recovery centres, Wellness Recovery Action Plan, When Love Is Not Enough Story, Wilson House, Wilsonism, withdrawal symptoms, womanizing, Women For Sobriety, women's groups, Workaholics Anonymous, WA, yoga of all types, Youngism,**

**In the Name and Blood of the Lord Jesus Christ, I bind up each and every demon left, I individually chain, cage, bag and box them. I put them in caves with rocks over the caves with the Light of the Lord shining bright and the angels of the Lord reading Scriptures and praise the Lord continually. I cover us all with the Blood of Jesus. I call upon God's Holy Spirit to fill everybody full to overflowing and to keep chasing out the demons and to restore God's people. In Jesus' Name, I loose legions of the spirits of the Lord, life, health, healing, restoration, wellbeing, sound mind, and a good night's sleep.**

**We thank You Lord Jesus for everything You have done. We give You all the glory and honour, and blessings and praise. In Jesus' Mighty Name and by His Blood. Amen.**

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