

## **Sukuma - Bakima Shandikwa - Wives Scriptures**

**Baefeso 5:22-24 A bakima ng'widohya u ku bagoshi bing'we giti kuli Seeba.**

**23 Nguno u ngosha ali ntwe gwa nke wakwe, git'umo Kilisto ali Ntwe gwa kanisa, uyo guli mili gwakwe; hama hu ng'wene u Mpija wayo. 24 Huna luulu a bakima ni babalyehelage a bagoshi babo git'umo kanisa ikiitilaga kuli Kilisto.**

**Baefeso 5:31,33 Kulwa nguno yeniyi u ngosha akuneka ise na nina, adimane na nke wakwe, u mu bubili wabo bakubiza mili gumo. 32 U gwenuyu guli mhayo gwa mbisila nhaale, aliyo u nene nalihaya mihayo ya ng'wa Kilisto na kanisa. 33 Kwike h'umo ili nu ku bing'we, buli ng'wene antogwe u nke wakwe, nu nkima abize na logohano u kuli ngoshi wakwe.**

**1 Bakolinto 7:3-5 U ngosha ang'watile u nke git'umo shiigelile; nu nkima ang'watile chene u ngoshi wakwe. 4 U nkima ati na busugi u ku mili gokwe, aliyo ngoshi; nu ngosha ati na busugi u ku mili gokwe, aliyo nke. 5 Yaya u kwilemeja, numho ulu mu kwizunilija makanza malebe duhu, giki mupandike ng'wanya gwa kulomba mu bulembeezu; aliyo ishokelagi hangi, u Shetani atizumugema kulwa kulemeelwa kwilanghana kwing'we.**

**1 Bakolinto 7:34 nose hu kuhaya u ng'wenuyo agabanikile. Nu nkima uyo atatoolilwe, pyi nu munhya; nanghwe akateeganilaga ya ng'wa Seeba, giki abize ng'wela u mu mili nu mu moyo. Aliyo u nkima uyo atoolilwe, u ng'wene akateeganaga kulwa mihayo ya mu si, umo alanyegeje u ngoshi.**

**Bakolose 3:18 A bing'we bakima ng'widohya u ku bagoshi bing'we git'umo shiigelile kuli Seeba.**

**1 Timoteo 2:11-15 U nkima ni ilangage mu bulembeezu na widohya bose. 12 Natunzunilijaga u nkima kunanga nuulu kunsuga ngosha, aliyo abize nembeezu. 13 Nguno u Adamu hu ng'wene uyo akabumva kwandya huna wiza nu Eva. 14 Hama u Adamu atalemba-lembilwe, aliyo u nkima h'uyo akalemva-lemva, ugwa mu bubi. 15 Kwike akupijiwa kulwa kubyala baana, ulu wikala mu kuzunya na butogwa na wela na kwilanghana.**

**Wandijo 3:16 Na ung'wila nkima giki, Kukwija nakukukwigija makoye gako no, na kutunga-nda kwako; ulabyala bana mu makoye, na kwikumva kwako kukubiza kuli ngoshi wako, nanghwe akukusuga bebe.**

**1 Petelo 3:1-6 Ning'we a bakima abo mutoolilwe shiigelile kwidohya u ku bagoshi bing'we, ulu baliho bambo bataguzunije u mhayo, ulu yudulikana**

**bayudutwa kulwa nhungwa ja bake babo, nuulu ikabiza shilambu u mu nzila ya mhayo.** 2 Nguno bakuyububona u wela wa nhungwa jing'we ja logohano. 3 U bulenji wing'we butizubiza wa kukoyiwa mihayo ya higulya-gulya giti kushiba nzwili na kuzwalila zahabu, nuulu myenda ya mpango ntaale. 4 Aliyo u wiza wing'we bubize bubisilwe mu ngholo, mu bumunhu ubo buti bo kukenaaguka, mu moyo gwa widohya na bulembeezu, uyo guli gwa mpango ntaale kuli Mulungu. 5 Nguno h'umo jali ni nhungwa ja bakima ba kale a beela, abo baali bidohya ku bagoshi babo kulwa kunsanya Mulungu. 6 H'umo wali nu Saala; wali ng'widohya u kuli Abulahamu, kushisha wang'witanaga, baba! Mukubiza bashike bakwe ulu ng'ubeeja yawiza, ng'uleka kusugwa na booba.

**Tito 2:1-5** Aliyo u bebe hoyaga nabo mihayo mitengeke, ya malange magumunguku. 2 A banamhala babize na masala madeekanu, banhu abo bigeleeelilwe kwinhwa ikujo. Babize bitegeleja na bapanga u mu kuzunya nu mu butogwa, pyi nu mu wiyumilija. 3 Giko na a bagikulu, nabo babize na nhungwa j'ikujo, bati balembekeja, batizusugwa mhayo go bung'wi, babize balangi ba mihayo ya longe. 4 Bayubalanga a bashike kubatogwa a bagoshi babo na a baana babo; 5 na kubiza bitegeleja, beela, bakomeezu u mu milimo ya mu kaya. Babize bawiza na bidohya u ku bagoshi babo, gutizudalahwa u nimo go ng'wa Mulungu.

**1 Bakolinto 11:5-7,10** Aliyo buli nkima ulu alilomba, nuulu alihanga u ntwe gokwe gubiza gutakundikigije, u ng'wene akubiza aligugoola u ntwe gokwe, u mu giko akubiza atikilile nu yuyo amoogilwe. 6 Nguno u nkima ulu atagukundikigije u ntwe gokwe ni asunzuulagwe i nzwili jakwe, aliyo ulu alibona minala u kujisunzuula i nzwili jakwe nuulu kujimooga, ni agukundikijage u ntwe gokwe. 7 U ngosha u ng'wene atigeleeelilwe u kugukundikija u ntwe gokwe, nguno ali bulolelo n'ikujo lya ng'wa Mulungu, aliyo u nkima u ng'wene ali ikujo lya ngosha. 10 Na luulu kulwa nguno yeniyi, na kulwa nguno ya bamalaika, shing'wigelile u nkima ooleche u ku ntwe bulolelo bo kubiza ha silili ya busugi.

**Sumo 12:4; 14:1; 19:13; 21:9,19; 25:24; & 27:15,16 - contentious & angry Bakima**

**Sumo 31:10-31 - The Virtuous Bakima**