

## **List of Trauma Spirits for MD**

**Psychological trauma, damage to the psyche from traumatic event, overwhelm ability to cope, overwhelming emotions, serious long-term negative consequences, violation, betrayal, disillusion, repetitive patterns of reliving and warding off traumatic memories, reminders, and affects, posttraumatic Shock disorder, posttraumatic stress disorder, physical damage in brain or to brain chemistry, change response to future stress, childhood trauma, violent behavior, triggering mechanism, being the victim of, the threat of, or the witnessing of: sexual abuse, bullying, domestic violence, ungodly indoctrination, etc., victim of an alcoholic or abusive parent or spouse, living in extreme poverty, verbal abuse, Catastrophic events, earthquakes, volcanoes, hurricanes, tornadoes, accidents, medical emergencies, re-experience the trauma mentally and physically, avoiding trauma reminders, cues or triggers, uncomfortable, painful, use psychoactive substances like alcohol, drugs, etc, escape the feelings, fear, stress, worry, anxiety, Panic attacks, traumatic disorders, disruptive or self-destructive coping mechanisms, intense feelings of anger, Upsetting memories haunt, like images, thoughts, flashbacks, nightmares, nightterrors, Insomnia, lurking fears, insecurity, always keep vigilant and on the lookout for danger, paranoid, not remember incident, emotions reexperienced, acute attentiveness, physical exhaustion, mental exhaustion, emotional exhaustion, distraction, unclear thinking, Emotional detachment, dissociation, "numbing out", zombie like, Dissociating from the painful emotion, numbing all emotion, emotionally flat, seem preoccupied, distant, or cold, confusion, memory problems, feel permanently damaged, not expect situation to improve, despair, despondant, hopelessness, loss of self-esteem, frequently depressed, question identity, emotion irregularity, post-traumatic fear, Self-medication with drugs, alcohol, etc, self-soothing forms of behavior, mental distress, anxiety, mental illnesses, proactive responses, reactive responses, passive responses, try to address and correct a stressor, fantasy, correcting or minimizing the damage of a stressful event, ignoring a stressor, trauma buried in the unconscious, revisiting reliving the trauma, reliving the trauma, Visualization, guided imagery, imminent danger to self or others, self destruction, state of crisis, cognitive disorganization, substance abuse,**

somatic symptoms, psychotic reactions, interpersonal danger, abandonment, avoidance mechanisms, effortful avoidance of cues, affect tolerance and modulation, mood swings, depressive episodes, self-mutilation, Acute Stress Disorder, Disorders of Extreme Stress, Dissociative Disorders, Posttraumatic Disorders, traumatic hysteria, paralysis after a physical trauma, Post-traumatic shock disorder, Post-traumatic stress disorder, Complex post-traumatic stress disorder, Complex Post-traumatic shock disorder, shell shock, combat stress, acute stress, veterans demoralized, addicted to psychoactive substances, Continuous Post-traumatic shock disorder, Continuous Post Traumatic Stress Disorder, exposure to frequent, high levels of violence, civil conflict, political repression, exposure to gang violence, exposure to crime, ongoing exposure to life threats, high-risk occupations - police, firemen, emergency service workers, I C U staff, Victims of trauma, forced immediate debriefing, Comfort object, Emotion affecting memory, Grief, Maladaptive daydreaming, Psychogenic pain, Psychological pain, Historical trauma, Love-shyness, Rape trauma syndrome, Vicarious traumatization, Remote Location Stress, Psychosomatic impact, Psychoneuroimmunology, ill affects from Psychosomatic medicine, or Stress medicine, Physical trauma, Traumatology, severe anxiety disorder, threat of death to self others, threat to self or others' physical, sexual, or psychological integrity, nightmares, night terrors, avoidance of stimuli of the trauma, difficulty falling asleep or staying asleep, hypervigilance, impairment in social, or occupational, functioning, Evolutionary psychology, Neuroendocrinology, Neuroanatomy, aversive anxiety-related experiences, aversive anxiety-related behaviors, aversive anxiety-related physiological responses, intense negative feelings, fears, helplessness, horror, experiencing or witnessing childhood or adult physical, emotional, or sexual abuse, physical assault, sexual assault, drug addiction, illnesses, medical complications, getting a diagnosis of a life-threatening illness, bullying, mobbing, swarming, family violence, Evolutionary psychology, fears and reactions caused by fears, avoidance, vigilant immobility, withdrawal, aggressive defense, appeasement, Passivity, complete frozen immobility, overactivation of fear circuits, Heightened memory of past threats, vigilant immobility, Stockholm syndrome, appeasement stage, paleolithic, Neuroendocrinology, over-reactive adrenaline response, deep neurological patterns in brain, triggered the fear, hyper-responsive to future fearful

**situations, PTSD biochemical changes in the brain and body, major depression, manic depression, clinical depression, low cortisol, high catecholamines, high norepinephrine/cortisol ratio, fight-or-flight response, catecholamine and cortisol elevated, abnormal hypothalamic- pituitary-adrenal axis, strong cortisol suppression, dexamethasone, strong negative feedback inhibition of cortisol, increased sensitivity of glucocorticoid receptors, maladaptive learning pathway to fear response, hypersensitive, hyperreactive, and hyperresponsive H P A axis, Low cortisol levels, low salivary cortisol levels, low cortisol has slow restoring homeostasis after the stress response, Neuroanatomy, brain function altered in the prefrontal cortex, amygdala, and hippocampus, emotional memories, & fear-related memories, in amygdala, morphological and functional aspects of PTSD, excessive fear memory, hereditary PTSD, single-nucleotide polymorphisms, peritraumatic dissociation, dissociation at time of trauma, putative estrogen response, fear discrimination, perturbations, abnormal stress responses, childhood trauma, chronic adversity, familial stressors, Proximity to trauma, duration of trauma, severity of the trauma, interpersonal traumas, impersonal traumas, unstable family, severe childhood punishment, childhood asocial behavior, Recent stressful life events, no Social support, foster care children, witnessing violence in the home, or neighbourhood, real or perceived parental abandonment, loss of "physical integrity", intense fear, & horror, helplessness, disorganized, agitated behavior, recurring distressing dreams, intense negative psychological response, objective or subjective reminder of the trauma, Persistent avoidance, avoidance of stimuli associated with the trauma, inability to recall major parts of the trauma, decreased involvement in significant life activities, an expectation of a constrained future, loss of interest, dysphoric symptoms, sleep disturbance, difficulty concentrating, prior exposure to trauma, negative alterations in cognition and mood, symptom impact disturbance, Traumatic memories, incident stress management, iatrogenic outcomes, lower levels of hypothalamic pituitary-adrenal activity, Psychological debriefing, Risk targeted interventions, Psychobiological Treatments, Stepped Collaborative Care, Psychotherapeutic interventions, exposure therapy, stress inoculation, eye movement desensitization, and reprocessing, trauma-focused cognitive behavioral therapy, supportive/non-directive treatments, Behavioral and Cognitive Behavioral therapy, negative emotions, feel afraid or upset, emotional**

**reprocessing of the trauma memory, imaginal confrontation, trauma reminders, prolonged exposure therapy, Cognitive Processing Therapy, processing of cognitions, rehearsal of coping skills, Interpersonal psychotherapy, relaxation therapy, empirical support, cognitive behavioral therapy, Prolonged Exposure, Cognitive Processing Therapy, experiential focused therapy, emotionally focused therapy, internal family systems therapy, sensorimotor psychotherapy, Dialectical behavior therapy, cognitive behavioral therapy, family systems therapy, group therapy, developmental trauma disorder,**

**III effects from medications, serotonin reuptake inhibitors, citalopram, escitalopram, fluoxetine, fluvoxamine, paroxetine, sertraline, anti-depressants, ibuprofen, venlafaxine, nefazodone, heterocyclics, Alpha-adrenergic antagonists, Prazosin ("Minipress"), Clonidine ("Catapres"), startle, hyperarousal, general autonomic hyperexcitability, Anti-convulsants, mood stabilizers, anti-aggression agents, Carbamazepine ("Tegretol"), arousal symptoms involving noxious affect, mood or aggression, Topiramate ("Topamax"), Zolpidem ("Ambien"), Lamotrigine ("Lamictal"), Valproic acid ("Depakene"), irritability, aggression, impulsiveness, lithium carbonate, anxiety, Buspirone ("BuSpar"), hyperarousal symptoms, Antipsychotics, Risperidone, Atypical antidepressants, Nefazodone ("Serzone"), secondary depression, sexual dysfunction symptoms, Trazodone ("Desyrel"), Beta blockers, Propranolol ("Inderal"), blocking adrenaline's effects on the amygdala, Benzodiazepines, benzodiazepine dependence /addiction and withdrawal syndrome, abusing benzodiazepines with addictions, Glucocorticoids, corticosterone impaired memory, Heterocyclic / Tricyclic anti-depressants, Amitriptyline ("Elavil"), Imipramine ("Tofranil"), intrusive symptoms, Monoamine-oxidase inhibitors, Phenelzine ("Nardil"), methylenedioxymethamphetamine, ("Ecstasy"), exaggerated startle response, hyperexcitability, dream content distortions, self-mutilation, substance overuse, substance abuse, substance dependence substance addiction, substance withdrawal, Yohimbine, increases arousal, increase release of endogenous norepinephrine, Psychosomatic medicine, railway spine, shell shock, battle fatigue, traumatic war neurosis, term post-war Syndrome, War-zone exposure, post-Vietnam trauma, post Iraq trauma, post Afghanistan trauma, war or other mass violence, disasters of war, exposed to war,**

**exposed to disaster, war trauma, post-military factors, combat veterans, Combat stress reaction, torture, captivity, civil conflict, political repression, gang violence, crime, high-risk occupations, totalitarian control, hostages, prisoners of war, concentration camp survivors, Acute stress reaction, Childbirth-related posttraumatic stress disorder, Compassion fatigue, Emotional dysregulation, Maladaptive daydreaming, Malingering of posttraumatic stress disorder, Media violence, Posttraumatic embitterment disorder, Psychogenic amnesia, Psychoneuroimmunology, Survivor syndrome, Thousand-yard stare, protracted exposure to prolonged trauma in captivity or entrapment, lack of control, loss of control, deformations of identity and sense of self, somatization disorder, dissociative identity disorder, borderline personality disorder, disorders of extreme stress, sexual, physical or emotional abuse, domestic violence, actual or perceived inability to escape, feeling Trapped, traumatic grief, complicated mourning, Attachment theory, sequelae of traumas, child abuse/incest, domestic abuse, prolonged abuse by caregivers, psychological fragmentation, loss of safety, loss of trust, loss of self-worth, tend to revictimization, loss of a coherent sense of self, ensuing symptom profile, attachment disorder, pervasively insecure, disorganized-type attachment, pervasive negative impact, chronic repetitive trauma, community violence, captivity, loss of control, disempowerment, death of loved one in life threatening circumstances, stepchildren, prolonged domestic violence, chronic community violence, Cinderella effect. Uncontrollable disruptions, or distortions of attachment bonds, strong emotional ties with people who harass, beat, and, threaten them, evil soul ties, confusion of pain and love, temporary sense of mastery, perpetuates chronic feelings of helplessness, subjective sense of being bad, out of control, somatic states, betrayal bonding, survivors of religious cults, domestic battering, organized sexual exploitation, persistent dysphoria, chronic suicidal preoccupation, explosive anger, extremely inhibited anger, compulsive or extremely inhibited sexuality, Alterations in consciousness, amnesia, hypermnesia, transient dissociative episodes, depersonalization, derealization, ruminative preoccupation, Alterations in self-perception, paralysis of initiative, shame, guilt, and self-blame, sense of defilement, or stigma, sense of complete difference from others, specialness, utter aloneness, belief no other person can understand, nonhuman identity, Alterations in perception of perpetrator, preoccupation with revenge of perpetrator, unrealistic feeling of total power to perpetrator,**

**idealization, paradoxical gratitude, sense of special or supernatural relationship, isolation, withdrawal from others, disruption in intimate relationships, repeated search for rescuer, persistent distrust, repeated failures of self-protection, Alterations in systems of meaning, loss of sustaining faith, lack of trust, social isolation, difficulty perceiving and responding to other's emotional states, lack of empathy, sensory-motor developmental dysfunction, sensory-integration difficulties, somatization, difficulties communicating, depersonalization, discrete states of consciousness with discrete memories, impaired memory, lack of Behavioural control, problems with impulse control, aggression, pathological self-soothing, difficulty regulating attention, problems with "executive functions", like planning, judgement, initiation, use of materials, and self-monitoring, difficulty processing new information, difficulty focusing and completing tasks, poor object constancy, problems with "cause-effect" thinking, language developmental problems, gap between receptive and expressive communication abilities, fragmented and disconnected autobiographical narrative, disturbed body image, excessive shame, negative internal working models of self, physical and emotional pain, neglect, feel fundamentally flawed, cannot rely on others, insecure attachment, alterations in regulation of affect and impulses, alterations in attention, alterations in consciousness, alterations in self-perception, alterations in relations with others, alterations in systems of meaning, persistent sadness, suicidal thoughts, explosive anger, covert anger, forgetting traumatic events, psychogenic amnesia, Changes in self-perception, chronic sense stigma, pervasive sense stigma, Complex trauma, emotional dysregulation, betrayal of the child's relationships with primary caregivers, chronic maltreatment, Emotional self-regulation, troubled Human bonding, Maladaptive daydreaming, Trauma model of mental disorders, Rape trauma syndrome, acute stage, agitated response, hysterical response, crying spells, anxiety attacks, over controlled, without emotion, acts as if 'nothing happened, and 'everything is fine, shock, disbelief, strong sense of disorientation with difficulty making decisions, poor recall of the assault, hiding emotions, Diminished alertness, Dulled sensory, affective and memory functions, Disorganization, Vomiting, Nausea, Paralyzing anxiety, Pronounced internal tremor, Obsession to wash or clean themselves, perfectionist, Hysteria, hysterical, Bewilderment, Acute sensitivity to others, outward adjustment stage, appear normal but suffer profound internal turmoil,**

**maladaptive coping mechanisms, minimization, pretending 'everything is fine', dramatization, cannot stop talking about the assault, suppression, refuse to discuss the rape or trauma, explanation, analyze what happened, flight, moves away, alters appearance, poor health, continuing anxiety, hypervigilance, inability to maintain previously close relationships, nervousness, "startle response", persistent fear, mood swings, hostility, vivid dreams, recurring nightmares, insomnia, wakefulness, night terrors, flashbacks, panic attacks, over reliance on coping mechanisms, damaged sense of personal security or safety, hesitant to enter new relationships, Questioning their sexual identity, or sexual orientation, Sexual relationships become disturbed, hyper-sexual, promiscuous, acute somatoform disorders, tension headaches, fatigue, soreness, localized pain, Feelings of vulnerability, Underground stage, Reorganization stage, Fears and phobias, Appetite disturbances, anorexia nervosa, bulimia, Violent fantasies of revenge, Phobias, fear of being in crowds, fear of being alone, fear of men, fear of going out, agoraphobia, fear of being touched, hapnophobia, Specific fears of characteristics of the assailant, very suspicious, paranoid, a pervasive fear of others, renormalization stage, denial, fear of insanity, forgetfulness, alcoholic, can't meet simple deadlines, gluttony, never trust anyone again, Sexual assault, Psychological trauma, Major depressive disorder,**

**In the Name and Blood of the Lord Jesus Christ, I bind up each and every demon left, I individually chain, cage, bag and box them. I put them in caves with rocks over the caves with the Light of the Lord shining bright and the angels of the Lord reading Scriptures and praise the Lord continually. I cover us all with the Blood of Jesus. I call upon God's Holy Spirit to fill everybody full to overflowing and to keep chasing out the demons and to restore God's people. In Jesus' Name, I loose legions of the spirits of the Lord, life, health, healing, restoration, wellbeing, sound mind, and a good night's sleep.**

**We thank You Lord Jesus for everything You have done. We give you all the glory and honour, and blessings and praise. In Jesus' Mighty Name and by His Blood. Amen.**

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